



## Public Health

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Dear Clinicians:

San Bernardino County has a confirmed measles case involving an unvaccinated child. This is the first case since 2023 in our county. A [press release](#) has been released.

- Vaccination, early recognition of measles signs/symptoms, testing, and isolation are key to preventing an outbreak.
- The Measles, Mumps, and Rubella (MMR) vaccine, when administered within three days of exposure, can prevent infection or significantly reduce disease severity in unvaccinated individuals.
- Review your facility's infection control plans for triaging and receiving patients with suspected infectious conditions.

**Below you will find helpful information: please share!**

1. [January San Bernardino County Health Advisory](#)
2. California Department of Public Health (CDPH) California Health Alert Network (CAHAN) [Increase of Measles in California](#)
3. [Three helpful infographics](#) to share with urgent care, emergency rooms, primary care clinics, and patients.
  - a. If a case is suspected, isolate the patient and obtain diagnostic testing. The tests of choice include urine sample and/or nasopharyngeal swab (e.g. sterile synthetic swab in viral transport media) for Measles PCR along with serum IgM. These tests are commercially available.
  - b. [San Bernardino County Department of Public Health Laboratory](#) has a limited capacity for throat and urine PCR testing, which is reserved highly suspected cases. Please call 1-800-722-4794 (8 a.m. to 5 p.m.) or after hours 800-472-2376 before sending specimens during normal business hours.
4. CDPH [The Measles Quick Sheet](#) provides details on clinical presentation, isolation guidance, post-exposure management, symptom monitoring, and more.

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5. Use [the Interfacility Transfer Form](#) for infectious patients requiring transfer to a higher level of care.

**Thank you for being proactive! The best way for prevention is vaccination!**