

Patient Health Questionnaire[†]2 (PHQ[†]2)

Over the last 2 <i>weeks</i> , how often have you been bothered by any of the following problems?	Not at all	Several days	More than half the days	Nearly every day
1. Little interest or pleasure in doing things	0	1	2	3
2. Feeling down, depressed, or hopeless	0	1	2	3

For office coding: 0 + + + +

= Total Score

PHQ² Scores and Proposed Treatment Actions

The PHQ² consists of the first 2 questions of the PHQ⁹. Scores range from 0 to 6. The recommended cut point is a score of 3 or greater. Recommended actions for persons scoring 3 or higher are one of the following:

- x Administer the full PHQ⁹
 - x Conduct a clinical interview to assess for Major Depressive Disorder
1. Kroenke K, Spitzer RL, Williams JB. The Patient Health Questionnaire²: Validity of a Two-Item Depression Screener. *Med Care*. 2003, Nov;41(11):1284-92.
 2. Kroenke K(1), Spitzer RL, Williams JB, Löwe B. The Patient Health Questionnaire Somatic, Anxiety, and Depressive Symptom Scales: a systematic review. *Gen Hosp Psychiatry*. 2010 Jul-Aug;32(4):345-59.