

IEHP *MyPath* PROGRAM

If you are living with an advanced disease, we know there can be stress and fear of the unknown. Our new program, *MyPath*, can ease your mind. A team answers your questions about your illness and guides you through the treatment process. Having people around you who care is how life should be.

WHAT IS *MyPath*?

The no-cost program serves Members with an advanced disease, like cancer, congestive heart failure or Parkinson's. If you qualify, *MyPath* has a team to provide supportive services **in your home** and address your needs:

- ♥ Physical
- ♥ Emotional
- ♥ Mental
- ♥ Spiritual
- ♥ Social

With extra support, you can live life on your terms. Maybe it's being at a family wedding, or being with your family at home. *MyPath* can help bring you a better quality of life.



HOW THE PROGRAM CAN HELP YOU

You'll receive care from a *MyPath* team of Providers, led by a Doctor, who works alongside your regular Doctors.

HELP WHEN YOU NEED IT TO:

- ♥ Manage your pain and symptoms
- ♥ Answer your questions about your disease, medicines and treatment options
- ♥ Help you stay out of the emergency room and avoid being exposed to more health problems

HELP TO EASE YOUR DISTRESS

There are counseling services when you're feeling down. A social worker is on hand, as well as a chaplain, if needed.

GET MORE SERVICES

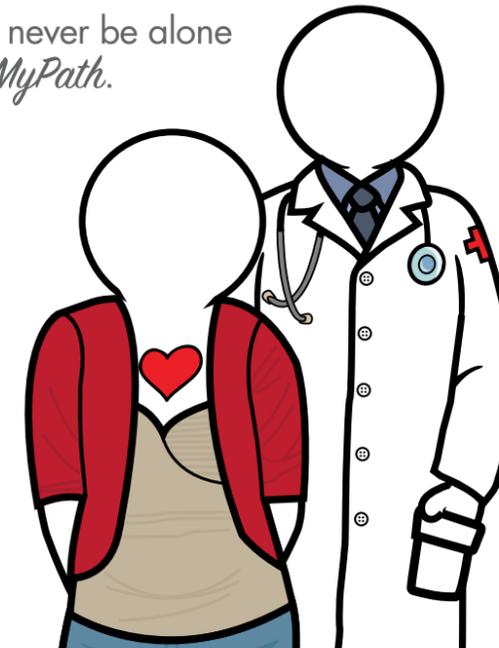
Keep your benefits, plus get:

- ♥ A personal care plan
- ♥ Care coordination
- ♥ Guidance through the medical process
- ♥ More

SUPPORT WHEN YOU NEED IT, 24/7

The team can support you over the phone or by going to your home.

You'll never be alone with *MyPath*.



WHO IS ELIGIBLE?

To see if you are, arrange for an in-home consultation. After the visit, we will inform you of the decision.

HOW TO GET STARTED

Call IEHP Member Services at the number below, or ask your Primary Care Doctor for a *MyPath* consultation.

This program is another way IEHP helps you reach your *Destination...Health*.

IEHP complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. ATTENTION: If you speak a language other than English, language assistance services, free of charge, are available to you. Call 1-800-440-4347 (TTY: 1-800-718-4347). IEHP cumple con las leyes Federales aplicables de derechos civiles y no discrimina por motivos de raza, color, nacionalidad, edad, discapacidad o género. ATENCIÓN: Si habla español u otro idioma diferente al inglés, le ofrecemos los servicios gratuitos de un intérprete de idiomas. Llame al 1-800-440-4347 o al 1-800-718-4347 (TTY). IEHP遵守適用的聯邦民權法律規定，不因種族、膚色、民族血統、年齡、殘障或性別而歧視任何人。注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-800-440-4347 (TTY: 1-800-718-4347)。

MyPath PROGRAM
A BETTER QUALITY OF LIFE

IEHP Destination Health
A Public Entity
Inland Empire Health Plan

