

**RECOMMENDED SAMPLE**  
**Authorization or Refusal to Release Medical Records**  
**for Out-of-Network Family Planning Services**

Name: \_\_\_\_\_  
Last First Middle Initial

Address: \_\_\_\_\_  
Street  
\_\_\_\_\_ City State Zip

Date of Birth: \_\_\_\_\_ Client Record No.: \_\_\_\_\_

**CONSENT TO RELEASE MEDICAL RECORDS:**

I hereby REQUEST AND AUTHORIZE \_\_\_\_\_ to release  
(name of clinic)

From/sent to (circle one or both) \_\_\_\_\_ any information and  
(name of managed care plan)

Records related to the diagnosis and treatment of me by you from \_\_\_\_\_ to \_\_\_\_\_  
(date) (date)

Date: \_\_\_\_\_ Patient's Signature: \_\_\_\_\_

Date: \_\_\_\_\_ Patient's Signature: \_\_\_\_\_

**REFUSAL TO RELEASE MEDICAL RECORDS:**

A. I hereby request that you DO NOT:  
 Release to my plan any information and/or medical records related to diagnosis and treatment provided to me by your clinic.

B. I hereby request that you DO NOT:  
 Submit a bill to my plan for processing and payment.

Date: \_\_\_\_\_ Patient's Signature: \_\_\_\_\_

Date: \_\_\_\_\_ Patient's Signature: \_\_\_\_\_

*Instructions:*

1. Use to obtain consent to release and/or send medical records – Consent Section *Keep original in record.*
2. Use to document absolute confidentiality – Item A & B *Keep original in record.*
3. Use to document medical record refusal – Item A only *Keep original in record.*